

SHOWER OF BLESSINGS GURU RINPOCHE SADHANA

REFUGE

NAMO LA MA DE SHEG DÜ PAI KU

NAMO In the lama who is the embodiment of the Sugatas,

KON CHOG SUM GYI RANG ZHIN LA

of the nature of the Three Jewels,

DAG DANG DRO DRUG SEM CHEN NAM

I, together with the beings of the six realms,

CHANG CHUB WAR DU KYAB SU CHI

take refuge until our enlightenment.

BODHICITTA

SEM KYED DRO WA KUN DON TU

For the sake of all beings, I generate the spirit of awakening and

LA MA SANGYE DRUB NEI NI

Cultivate the realization of the lama as Buddha.

GANG LA GANG DUL TRIN LEI KYI

By means of enlightened activity I shall train each being according to their needs.

DRO WA DROL WAR DAM CHA O

And I vow to liberate the world.

(Repeat three times)

TEN LINES (FOR ACCRUING MERIT AND KNOWLEDGE)

LAMA YIDAM KHANDRO SHEG

Lama, personal deities, and dakinis please come forth

NYI DA PEMA'I DEN LA ZHUG

And be seated on the sun, moon and lotus seat.

LU NGAG YID SUM GÜ CHAG TSAL

With my body, speech and mind I reverently pay homage.

CHI NANG SANG WA'I CHOD PA BUL

I make outer, inner and secret offerings.

NYAM CHAG DIG DRIB T'HOL ZHING SHAG

I acknowledge and disclose my degenerate and broken samayas, vices and obscurations.

SANG NGAG DRUB LA JEI YI RANG

I rejoice in the practice of secret Mantra.

MIN DROL SANG NGAG CHÖ KHOR KOR

Please turn the wheel of dharma of secret Mantra which matures and liberates.

NYA NGEN MI DA SHUG SOL DEB

I pray, do not pass into nirvana but remain.

NYING PO SEM CHEN DON DU NGÖ

I dedicate the essence for sentient beings.

YANG DAG DORJEI DON TOG SHOG

May we realize the perfect vajra nature.

Ten Branch Offering – 1

VISUALIZATION

AH RANG LU TA MAL NEE PEE DUN KHA RU

AH In the space in front of my ordinary body

OR GYAN DRI MED DHA NA KO SHAI TSO

In the midst of deep and pristine Lake Dhanakosha of Oddiyana,

TING ZAB YAN LAK GYAD DAN CHU GANG WEE

filled with water endowed with eight qualities,

U SU RIN CHEN PAD DONG DAB GYEE TENG

Is a jeweled lotus in full bloom.

KYAB NEE KUN TU OR GYAN DOR JE CHANG

Upon it sits the Oddiyana Vajradhara, synthesis of all the objects of refuge,

TSAN PEI PAL BAR TSO GYAL YUM DANG TRIL

Gloriously blazing with signs and symbols of enlightenment, embracing his consort
Tsogyal,

CHAK YEE DOR JE YON PEE TOD BUM NAM

In his right hand he holds a vajra, in his left a vase and skull cup

DAR DANG RIN CHEN RU PEE GYAN GYI DZE

Adorned with silks, jewels and bone ornaments,

OD NGAI LONG NEE DE CHEN ZEE CHIN BAR

Within the expanse of five-colored lights, they blaze with the glory of great bliss.

KOR DU TSA SUM GYA TSO TRIN TAR TIB

Surrounded like a cloud by an ocean of the Three Roots

CHIN LAB TUK JE CHAR BEB DAK LA ZIK

They gaze upon me, raining down a shower of blessings and compassion.

GYAL KUN NGO WO CHI MED YE SHEY KUR

To the essence of all the Jinas, the deathless embodiments of primordial consciousness

DUNG SHUK DRAK POO DAD CHAK TAK DU TSAL

With sincere faith I constantly pay homage

LU DANG LONG CHOD DU SUM GE WEE TSOK

I offer my body, enjoyments and collection of my virtues of the three times,

KUN ZANG CHOD PEE TRIN DU MIK NEE BUL

Imagining them as the clouds of offerings of Samantabhadra

TOK MED NEE SAK DIK TUNG MA LU SHAK

I disclose all my vices and downfalls without exception accumulated since beginningless time.

SRAY CHEE GYAL WA KUN GYI YON TAN GYI

I take heartfelt delight in the illustrious lives of the protectors,

KYAB DAK CHIK PU GON POI NAM TAR LA

The sole lords of the qualities of all the Jinas and their children.

NYING NEE YEE RANG DAD PEE SOL DEB SHING

With faith I pray

ZAB GYEE CHOO KYI CHAR CHEN BEB PAR KUL

Please let fall a great rain of profound and vast dharma.

RANG ZHAN GE WEE NGOO PO KUN DOM NEE

Drawing together all the virtues of myself and others,

DRO KHAM GYA TSO JI SRID NEE KYI WAR

For as long as the ocean of realms of beings remains,

GON PO KYOD GYI NAM TAR JE NYEK TE

I shall follow the illustrious life of you, the Protector,

KA KYAB DRO WA DREN PEE DON DU NGO

and dedicate those virtues to the guidance of beings throughout space.

KYAB NEE KUN DU KYEN TSEI TER CHEN PO

Embodiment of all refuges, great treasure of wisdom and love,

DU NGAN NYIK MAI KYAB CHOK RIN PO CHE

Precious and supreme protector in these evil and degenerate times,

NGA DOI GUD PEE NAR ZHING DUNG SHUK KYI

I am tormented and afflicted by the proliferation of the five degenerations

SOL DEB WU LA TSE WEE TUK KYI GONG

And I pray, "Please, with a loving heart, attend to me, your child."

GONG PEE LONG NEE TUK JEI TSAL CHUNG LA

Manifest the power of your compassion from the expanse of your enlightened awareness

MOO DAN DAK GI NYING LA CHIN GYI LOB

And bless my reverent heart,

TAK DANG TSAN MA NYUR DU TON PA DANG

Please swiftly display signs and indications,

CHOK DANG TUN MONG NGOO DRUB TSAL TU SOL

And grant me the supreme and mundane siddhis.

With these words, recite the seven line prayer as much as you can. Due to praying with reverence and devotion, from the point of union and the hearts of the lama and consort, the five types of light rays of primordial consciousness spread forth like filaments, and by dissolving into your heart imagine that they bless your mindstream. Recite the vajra guru mantra as much as you wish.

SEVEN LINE PRAYER

HUNG ORGYEN YUL GYI NUP JANG TSAM
HUNG In the northwest frontier of Oddiyana,

PEMA GE SAR DONG PO LA
In the heart of a lotus

YAM TSEN CHOG GI NGÖ DRUP NYEY
Sits the one renowned as Padmasambhava,

PEMA JUNG NEY ZHEY SU DRAK
Who achieved the wondrous supreme siddhi,

KHOR DU KHAN DRO MANG PÖ KOR
And is surrounded by a host of many dakinis.

KYED KYI JE SU DAK DRUP KYI
Following in your footsteps, I devote myself to practice.

JIN GYI LAP CHIR SHEK SU SÖL
Please come forth and bestow your blessings.

GURU PEMA SIDDHI HUNG
Recite the vajra guru mantra as much as you wish.

OM AR HUM VAJRA GURU PADMA SIDDHI HUM

**OM̐ ĀḤ HŪḤ VAJRA GURU PADMA TÖTRENG TSÄL VAJRA SMAYAJAḤ
SIDDHI PHALA HŪḤ**

THE FOUR EMPOWERMENTS

LA MAI NEE SUM YI GE DRU SUM LEE

Rays of white, red and deep blue light emerge

OD ZER KAR MAR TING SUM CHUNG NEE SU

From the three seed syllables in the lama's three places.

RANG GI NEE SUM TIM PEE GO SUM GYI

Dissolving into my three places,

DRIB CHANG KU SUNG TUK KYI DOR JER GYUR

They purify the obscurations of my body, speech and mind; and transform them into the vajra body, speech and mind.

TAR NI LA MA KOR CHEE OD DU SHU

Finally, the lama and assembly dissolve into light.

KAR MAR TIK LE HUNG GI TSAN PA RU

As a white and red bindu marked with HUNG,

RANG GI NYING GAR TIM PEE LA MAI TUK

They dissolve into my heart,

RANG SEM YER MED LHAN KYE CHOO KUR NEE

And the lama's mind and my mind indivisible remain as the conate dharmakaya.

AH AH

With these words look upon your own face of the great original dharmakaya, your own mind-itself, which primordially transcends modifications, rejection and acceptance. Again, look at all illusion-like appearances as being of the nature of the lama, and by dedicating your virtue and uttering auspicious words apply them to happiness and goodness.

On the eighth day of the waxing moon in the month of Droshin of the year called "Taming All," that is, the seventh month of the Fire Female Pig Year [1887], this arose from the lake of the mind of Mipham Nampar Gyalwa, one who prays that he serve Guru Pema in all his lifetimes. May there be virtue!

SARVA MANGALAM! May all be well!

Dedication of Merit

By this virtue may I swiftly realize the Oddiyana Lama,
And may I bring all beings without exception to that state of Relization.